



BASS LONG COURSE INVITATIONAL
A/BB/B/C Meet
May 2- May 3, 2015
SANCTION NO. VS-15-73



SANCTION:	<ul style="list-style-type: none">Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-15-73USA Swimming, Inc., Virginia Swimming, Inc., BASS Swimming, and Collegiate School Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	Collegiate School Aquatics Center, 5050 Ridgedale Parkway, Richmond, VA 23234
FACILITY:	<p>Competition Pool:</p> <ul style="list-style-type: none">Indoor 8 lane 50 meters x 25 yard pool, has 9 ft. wide lanes with non-turbulent lane lines. Pool depth of 7'7" at the sides and 8'2" in the center. Competition course is swum bulkhead to bulkhead.Omega starting blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches. Full color LED scoreboard will be used.The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). Copy of such certification is on file with USA Swimming. <p>Instructional Pool:</p> <ul style="list-style-type: none">Indoor 6 lane 25 yard pool for continuous warm-up/warm-down.
MEET DIRECTOR:	Name: Kevin McHaney Email: kmchaney@yahoo.com Phone: (540) 948-7629 X11
ELIGIBILITY:	<ul style="list-style-type: none">Open to all USAS athletes registered before the first day of the meet.No on-deck USAS athlete registration will be permitted.2013-2016 NAG time standards are in effect. 15-16 time standards will be used for 15 & Older swimmers.Age on May 2, 2015 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">All 9-12 year old events will be swum on Saturday and Sunday morning.13 & Over non-distance events will be on Saturday and Sunday afternoon.All events will be timed finals.13 & Over 400IM and 400 Free events will be swum in a Saturday Late Afternoon Session.MIXED gender events (800m & 1500m) will be swum in a Sunday Late Afternoon session. Girls and Boys will be mixed together and seeded by time in these events.Chase starts may be utilized at the discretion of the meet referee.
WARM-UP:	<ul style="list-style-type: none">Morning sessions: Warm-ups at 7:20 AM; competition starts at 8:40 AM.Saturday and Sunday Afternoon sessions: Warm-ups no earlier than 11:30 AM; competition starts no earlier than 12:30 PM.Saturday and Sunday Late Afternoon sessions will begin after a 10 minute warm up, at the discretion of the meet referee, in the competition pool immediately following the conclusion of the Afternoon Sessions.Lane assignment and warm-up times for individual clubs will be emailed to the contact person of the participating clubs no later than April 28, 2015. Information will also be posted on the BASS website (www.swimbass.com).If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.

<p>ENTRIES:</p>	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, April 21, 2015.</p> <ul style="list-style-type: none"> • Entries must be submitted in long course meter times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams may submit entries via email. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record except for events #43,44 (9-12 400 free) and events #59, 60 (13 & over 800 and 1500 freestyles). CT must be slower than an "A" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • "No Time" (NT) entries will be accepted. • Swimmers may enter a maximum of 4 individual events per day. If a swimmer exceeds the maximum entries, the last event, by numerical order, will be dropped. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • Entries in events #59, 60 are limited to those swimmers who have a time of record equal to BB or faster in the 500y free, 400 m free, 800m free, 1000y free, 1650y free or 1500m free for their current age. No coaches' times are allowed for these events. • Entries in events #43 & 44 (9-12 400m free) are limited to those swimmers who have a BB time or faster in the 500y or 400m free for their current age group. No coaches' times are allowed for these events. • Events #29-32 MAY be limited to 4 heats each. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which may require reseeding. • Email entries to: Michael Braum, events@grapva.org • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
<p>FEES:</p>	<p>Individual events: \$6.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: BASS Swimming • Mail payment to: P.O. Box 222 Madison, VA 22727 • Payment must be received by April 30, 2015 for entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
<p>AWARDS:</p>	<ul style="list-style-type: none"> • Ribbons will be awarded for first through eighth place. • Age groups receiving ribbons will be 8 & Younger, 9-10, 11-12, 13-14, 15 & Over. • Awards will be awarded for each age group in each time classification entered.
<p>SEEDING:</p>	<ul style="list-style-type: none"> • All 50M, 100M, and 200M events will be pre-seeded. • Positive check-in is required for Events 27, 28, 29, 30, 43, 44, 59 and 60. • Positive Check-in for events 27 - 30 will close 2 hours after the beginning of Session 2. • Positive Check-in for events 43 & 44 will close 2 hours after the beginning of Session 4. • Positive Check-in for events 59 & 60 will close 2 hours after the beginning of Session 5. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Swimmers competing in the MIXED 800m Free and 1500m Free are responsible for providing their own lap counters and timers. • Events 59 & 60 will be swum fastest to slowest.

PENALTIES:	Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The overhead start procedure will be used for all sessions. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Changing into or out of swimsuits other than in locker rooms or other designated areas is PROHIBITED. • In accordance with VSI Best Practices, swimmers should shower before entering the pool. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director. ○ Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Jim Frye Email: jamfrye@comcast.net Phone: 540-840-8947</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Ric Barklund, ric.barklund@comcast.net, no later than April 25, 2015. • Officials will meet one hour prior to the start of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session including the Saturday Late Afternoon Session. • The number of timers required per club and their lane assignments will be posted on the BASS Website no later than Tuesday, April 28, 2015, and will also be emailed to the contact person of each of the individual clubs. • Timers must be provided by the swimmer for events 53 and 54, the MIXED 800 and 1500 free.
GENERAL:	<ul style="list-style-type: none"> • Meet programs: Programs will be sold for \$7. • Concession: Food and drink will be available during the meet featuring products by Martin's, Coca-Cola and Ukrop's Homestyle Foods. Concessions will open for warm-ups and during competition each day. It may close 1 hour prior to the estimated end time of the meet each day. • Hospitality: <ul style="list-style-type: none"> ○ A light breakfast will be provided Saturday and Sunday. ○ Lunch and late afternoon snack will be provided Saturday and Sunday. ○ Hospitality will be available when warm-ups start and may close one hour prior to the end of the meet each day. • Disco Sports will be the meet vendor. • If necessary, overflow parking will be available at Martin's behind the aquatic center
FACILITY RULES:	<ul style="list-style-type: none"> • No glass containers of any kind are permitted in the facility. • Lawn/deck chairs are not permitted in the grandstand.

	<ul style="list-style-type: none">• No spectators/parents will be allowed on deck unless working the meet.• No smoking is allowed on the campus.• Doors are not to be propped open (HVAC) and the front door is the only entry/exit door from the facility.
DIRECTIONS:	Go to www.virginiaswimming.com for directions
HOTELS:	Hotel information is available at https://www.mmx2reservations.com/explorepsa/pc/SWIMRVA .

BASS Long Course Invitational May 2-3, 2015

ORDER OF EVENTS: Highlighted rows indicate positive CHECK-IN required

Session #1 Saturday Morning, May 2, 2015

Girls	Event Name	Boys
1	12 & Under 50m Back	2
3	9-12 100m Fly	4
5	11-12 200m Breast	6
7	9-12 100m Free	8
9	11-12 200m Back	10
11	9-12 200m Free	12
13	12 & Under 50m Breast	14

Session #4 Sunday Morning, May 3, 2015

Girls	Event Name	Boys
31	12 & Under 50m Free	32
33	9-12 100m Back	34
35	11-12 200m Fly	36
37	9-12 100m Breast	38
39	9-12 200m IM	40
41	12 & Under 50m Fly	42
43	9-12 400m Free	44

Session #2 Saturday Afternoon, May 2, 2015

Girls	Event Name	Boys
15	13 & Over 100m Free	16
17	13 & Over 50m Back	18
19	13 & Over 200m Breast	20
21	13 & Over 100m Fly	22
23	13 & Over 50m Breast	24
25	13 & Over 200m Back	26

Session #5 Sunday Afternoon, May 3, 2015

Girls	Event Name	Boys
45	13 & Over 50m Free	46
47	13 & Over 200m Fly	48
49	13 & Over 100m Back	50
51	13 & Over 100m Breast	52
54 53	13 & Over 50m Fly	54
55	13 & Over 200m Free	56
57	13 & Over 200m IM	58

Session #3 Saturday Late Afternoon, May 2, 2015

Girls	Event Name	Boys
27	13 & Over 400m IM	28
29	13 & Over 400m Free	30

Session #6 Sunday Late Afternoon, May 3, 2015

Girls & Boys	Event Name
59	13 & Over 800m Free
60	13 & Over 1500m Free